

PERSONAL MEDICATION RECORD

Last Name: _____ First Name _____

Date of Birth: _____ Gender: (circle one) Male Female

Allergies: _____

Physician: _____ Physician Phone #: _____

Pharmacy Name: _____ Street Name & City _____

Pharmacy Phone #: _____

Name of Medication (Prescriptions, over-the-counter, supplements, patches, inhalers)	Dose/Strength of Medication (Example: 20mg tablets)	How Often Do You Take It? (Example: 3 times a day at bedtime)
1.		
2.		
3.		
4.		
5.		
6.		
7.		
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10.		
11.		
12.		
13.		
14.		
15.		
16.		
17.		
18.		
19.		
20.		

KEEP A COMPLETED AND UP-TO-DATE LIST WITH YOU AT ALL TIMES
Courtesy of Associates in Family Practice